



NEWSLETTER

PULSE" (BNPIPS's Insight)



The mental health of today's youth, especially adolescents, is becoming an increasingly significant concern. Adolescence is a critical period of development, and the pressures stemming from education, peer influence, and the pervasive impact of the digital world can be overwhelming. If these mental health challenges are not addressed early on, they can evolve into serious conditions like anxiety, depression, or chronic stress. This can severely affect a young person's academic performance and personal growth. Colleges have an essential role in addressing this issue by integrating mental health awareness into their educational framework. By making mental health a priority, institutions can equip students with the tools they need to navigate emotional challenges. Programs that focus on Social-Emotional Learning (SEL), as well as activities like meditation and yoga, help build emotional resilience and stress management skills.

Dr. Arrpita Arorah

Director

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PROUD OF INSTITUTE

The Inter-Collegiate Youth Festival 2024-25, organized by Sardar Patel University, Vallabh Vidyanagar, aims to foster cultural exchange and provide a vibrant platform for students to showcase their artistic talents. The event seeks to promote unity in diversity by bringing together participants from various colleges to celebrate music, dance, drama, visual arts, and literary expression. In addition to enhancing creative skills, the festival encourages leadership, teamwork, and a spirit of healthy competition, offering a holistic development experience. By highlighting both Indian cultural heritage and contemporary influences, the festival aims to strengthen bonds among institutions, cultivate a sense of community, and inspire the youth to pursue excellence in cultural and artistic endeavours.

First Prize in One-Act play at Sardar Patel University Youth Festival



B N Patel Institute of Paramedical and Science is thrilled to announce that [he/she/they/organization]our team has won the 1st prize at the recent One-Act Play Competition held on [date] at [venue/location].S P University Youth Festival 2024 -2025. One-Act play held on 25th September 2024 at Humanities Building, S. P. University. The competition featured numerous talented participants from across [mention any relevant regions or schools].various colleges/institutes of S P University. One Act was performed by Sneha Bhanusali, Janvi Barot, Kirtisingh Rajput, Hetvi Contractor, Gouri S., Priyanka Jena, and Isha Patel. We extend our gratitude to Director Dr. Arrpita Arora and Sardar Patel Education Trust for their constant support and encouragement of the participants.

Wins First Prize in Mime at S P Sardar Patel University Youth Festival



B N Patel Institute of Paramedical and Science proudly announces that our Institute has secured the first prize in the Mime competition at the recent S P University Youth Festival 2024-2025 held on 26th September 2024 at Humanities Building, S. P. University. Competing against talented performers from various universities, BNPIPS showcased a captivating mime act titled "Game Evolution." Mime was performed by Vivek Vasava, Jimmykumar Rathod, Rajeshkumar, Amgith Nair, Deepak Khainwar, and Sarthak Parmar. The performance, noted for its unique creativity and emotional depth. It left a lasting impression on both the audience and judges.

First Prize in Folk Dance at Sardar Patel University Youth Festival



B N Patel Institute of Paramedical and Science is excited to announce its victory at the recent University Youth Festival 2024-2025, where it won first prize in the Folk Dance competition held on 27th September at Humanities Building, S. P. University. The team's vibrant performance, showcasing traditional dance forms from [specific region or culture], captivated both the judges and the audience.

The act highlighted the rich cultural heritage and artistic expression of Tribal Dance. With its dynamic choreography and colorful costumes, the performance conveyed the essence of our Indian tribal culture. Winning this prize is a tremendous honor for us, it reflects our hard work and passion for preserving our cultural traditions through dance. The competition featured various talented groups from different universities, making the win particularly significant. The Flock Dance was performed by Janvi Kanani, Kartik Sardhara, Arpita Vaidya, Nidhi Vaishnav, Kruti Valand, Miral Kardani, Milan Marwadi, Henilkumar Patel, Neelkumar Patel, and Rikenkumar Patel. The judges praised the team's enthusiasm and skill, noting their ability to engage the audience. This achievement underscores B N Patel Institute of Paramedical and Science's dedication to promoting cultural heritage and the performing arts.



JANMASHTAMI CELEBRATIONS



TEACHER'S DAY CELEBRATIONS



Teacher's Day is a special occasion celebrated in India to honor our educators and acknowledge their significant contributions to society. It coincides with the birthday of Dr. Sarvepalli Radhakrishnan, a revered philosopher, teacher, and the second President of India. Teacher's Day was celebrated in B N Patel Institute of Paramedical and Science on 5th September 2024 to pay tribute to teachers for their crucial role in shaping not only individual lives but also the future of our society as a whole.

The Teachers Day celebration commenced with a unique and engaging activity. Students from various departments were given the opportunity to step into the shoes of their teachers and conduct classes for their peers. The best teacher from each department was selected based on their performance during

the student-led teaching sessions. These outstanding students were awarded certificates in recognition of their exceptional teaching skills and contributions to the event. The afternoon session began with a prayer and a traditional lamp lighting ceremony. SRC president, vice president, IQAC member, and all the faculty members were present in the event. The highlight of the afternoon was the felicitation of all the teachers by the SRC members. This gesture served as a token of appreciation for the invaluable guidance and support provided by the faculty. The SRC members expressed their gratitude for the teachers' commitment to their students' academic and personal growth. Such events help in building bridges between students and teachers. Both students and teachers can better understand and appreciate each other after such events.

The expert talk on "Common Metabolic Diseases" successfully met its objectives by providing detailed insights into metabolic disorders and fostering a deeper understanding of their implications. The event was informative and beneficial, offering students and faculty a unique opportunity to learn from a leading expert in the field.

SHREE GANESH UTSAV CELEBRATIONS



Ganesh Chaturthi, the festival celebrating the birth of Lord Ganesha, was observed at B N Patel Institute of Paramedical and Science from 7th September to 17th September with great devotion and enthusiasm. The entire institute community, including students and staff, came together to participate in various rituals and festivities during this auspicious occasion.

The celebration began with a ceremonial puja that was initiated by our respected Director Arpita Arora Madam. This marked the commencement of a spiritually significant

day. The puja was conducted with traditional rituals, including the lighting of the lamp, Vedic chants, and offerings to Lord Ganesha's idol. Director Madam's presence added a sense of solemnity and reverence to the event. After the puja, all the students and staff members gathered to perform the 'Anjali' ritual. With folded hands and heartfelt prayers, they offered their respects and sought the blessings of Lord Ganesha. This moment of devotion allowed everyone to connect with the essence of the festival. On the 8th day, Annakuta, a grand offering of diverse fruits, sweets, and namkeens was offered to the Lord by all the students and staff of the institute. The joyous atmosphere prevailed throughout the festivities, leaving all the students and staff with cherished memories. This event was organized by Student Representative Council under the supervision of Mr. Mehul Agrawal Sir and Ms. Richa Patel Madam

One of the biggest obstacles we face during our journey to achieve goals is failure. It's easy to get discouraged when things don't go in right way, but with dedication, we can overcome any obstacle, dedication gives us the strength to keep going even things get tough. When we embrace the struggles along our journey, we cultivate qualities such as determination, courage, and adaptability. Each difficulty overcome becomes a testament to our strength and a building block of our character.

BASIC MOLECULAR BIOLOGY TECHNIQUES IN CLINICAL DIAGNOSIS



Department of Clinical Laboratory of B N Patel Institute of Paramedical and Science had successfully conducted a three-day workshop focused on basic molecular techniques for biological clinical diagnosis. The workshop aimed to equip participants with essential skills and knowledge in molecular biology applications relevant to clinical diagnostics. The workshop was organized on 19th to 21st September 2024 in B N Patel Institute of Paramedical and Science, total 36 students from the department of CLT and DMLT participated in the 3 days' workshop.

The workshop commenced with an overview of molecular biology concepts, emphasizing

the significance of molecular techniques in clinical settings. Participants engaged in interactive sessions discussing DNA/RNA extraction methods, amplification techniques, and the fundamentals of PCR (Polymerase Chain Reaction). Hands-on activities included extracting DNA from samples, allowing participants to gain practical experience. The workshop provided participants with both theoretical knowledge and practical experience in advanced molecular biology techniques, including DNA isolation, PCR, and agarose gel electrophoresis. The event was highly successful, fostering a deeper understanding of these essential techniques used in clinical diagnostics.

SARDAR PATEL UNIVERSITY INTERCOLLEGIATE YOUTH FESTIVAL 2024-2025



The Inter-Collegiate Youth Festival 2024-2025, organized by Sardar Patel University, Vallabh Vidyanagar, aims to foster cultural exchange and provide a vibrant platform for students to showcase their artistic talents. The event seeks to promote unity in diversity by bringing together participants from various colleges to celebrate music, dance, drama, visual arts, and literary expression. In addition to enhancing creative skills, the festival encourages leadership, teamwork, and a spirit of healthy competition, offering a holistic development experience. By highlighting

both Indian cultural heritage and contemporary influences, the festival aims to strengthen bonds among institutions, cultivate a sense of community, and inspire the youth to pursue excellence in cultural and artistic endeavours.

Inter-Collegiate Youth Festival 2024-25 were marked by a wide array of engaging and diverse cultural performances and artistic displays. Participants of B N Patel Institute of Paramedical and Science showcased their talents in a variety of categories, including Classical Instrumental Solo (Percussion), Light Vocal Solo, Group Song (Indian), Group Song (Western), and Western Solo. The festival also featured creative events such as One Act Play, Mime, Skit, Mimicry, On-the-Spot Painting, Poster Making, Collage, Clay Modelling, Cartooning, On-the-Spot Photography, Installation, Rangoli, Debate, Elocution, Quiz and Folk Dance. Classical Instrumental Solo Percussion was performed by Het Pandya, Light Vocal Solo was delivered by Janvi Barot. Indian Group Song was performed by Rahee Patel, Janvi Barot, Nishita Yadav, Shivam Sukhadiya, Joel Jacob, and Het Pandya. Western Group Singing was performed by Rahee Patel, Janvi Barot, Nishita Yadav, Shivam Sukhadiya, and Joel Jacob.

Pritesh Solanki, Heer Patel, and Ritukesh Kumar were participated in Quiz Competition. Gouri S and Kirtisingh Rajput participated in Debate Competition in Youth Festival. Sneha Bhanushali took part in Elocution. Skit was performed by Hetvi Contractor, Gouri S., Priyanka Jena, Sneha Bhanushali, Rajesh Kumar, Vivek Vasava. Mimicry was performed by Jimmy Rathod, On the Spot Painting, Collage, Poster making, Clay Modeling, Cartooning, Rangoli, and Spot Photography were performed by Mansi Patel, Parthvi Patel, Toral Patel, Mansi Patel, Toral Patel, Prina Patel, and Akshar Patel respectively.

Notable achievements included securing the 1st position in three prestigious categories: One Act Play, Mime, and Folk Dance, which highlighted the immense talent and creativity of the participants, leaving a lasting impact on the festival. These performances not only demonstrated artistic excellence but also embodied the spirit of teamwork, dedication, and cultural diversity that the event sought to promote.

The Intercollegiate Youth Festival was a resounding success for B N Patel Institute of Paramedical and Science. Our participation not only showcased our talents but also strengthened our college's reputation in the academic and cultural arenas



On 26th and 27th September 2024, Department of Ophthalmology, B N Patel Institute of Paramedical and Science had organized a successful eye screening camp at D. N. High School, Anand, aiming to promote eye health and awareness among students and the local community. The event provided free eye examinations and consultations to over 1600 participants. Eye screening camp was organised in association with Dr Shivani Bhatt Charitable Foundation. The event was conducted by Mr. Jaymin Limbachiya along with first- and second-year students, Mithil Kachhiya, Aarti Chauhan, Geeta Choudhary, Niyati Parmar, and Tamannabanu Pathan. The primary objectives of the eye screening camp were to raise awareness about common eye disorders and the importance of regular eye and to detect colour vision deficiency in children at D. N. High School, Anand. The eye screening camp at D. N. High School was a significant success, achieving its objectives of promoting eye health and providing valuable services to the community. Our Institute is committed to continuing such outreach programs and enhancing awareness about the importance of eye care.



EYE SCREENING CAMP AT D N HIGH SCHOOL



YOUTH FESTIVAL-2024

