



# NEWSLETTER

## PULSE" (BNPIPS's Insight)



Health is the foundation of a successful society, and maintaining good health is essential for us to live fulfilling lives and contribute to our community. At B N Patel Institute of Paramedical and Science, we recognize the critical role that paramedics play in this process. Paramedics are often the first responders in emergencies, and their quick actions, solid training, and dedication can save lives. They are more than just emergency workers—they provide care, comfort, and support to patients and their families during difficult times. Beyond emergencies, paramedics are essential in educating the public about health, promoting preventive care, and ensuring that people receive the right medical attention when needed. Their work helps make healthcare more accessible and efficient for everyone. By acknowledging the importance of paramedics, we appreciate the vital role they play in keeping our society healthy and safe. We are proud to support these dedicated professionals who are so important to the well-being of our community.

**Dr. Arrpita Arorah**

Director

B.N.Patel Institute of Paramedical and Science, B.N.Patel College of Physiotherapy, B.N.Patel Institute of Nursing

## In the Issue:

- Proud of Institute
- Blood Grouping Awareness Camp
- Akanksha Hospital Visit
- 1st session of Expert Talk Series
- Field Visit to Sabarmati Ashram
- Be Strong and Courageous
- Ragging and why to avoid it?
- Rakshabandhan celebration
- Meditation for overcoming addiction
- Rakhi Exhibition
- Book Exhibition – 2024
- Life is a GIFT PASS IT ON
- Be the Reason for Someone's Smile Today!
- Janmashtami Celebration

## PROUD OF INSTITUTE



The poster making competition on 'World Population Day' was jointly organized by C C Patel Community Science Centre of Sardar Patel University, Vallabh Vidyanagar, and N H Patel College of Education. One of our students Ms. Parthvi Patel (S Y BSc. CLT) secured 3rd Rank in this esteemed

competition.

The photography competition on "World Population Day' was jointly organized by C C Patel Community Science Centre of Sardar Patel University, Vallabh Vidyanagar, and N H Patel College of Education. We are pleased to announce that Ms. Divya Chaudhari (F Y BSc. MT) secured 2nd Rank, while Prachi Yadav (F Y BSc. MT) held the 3rd Position in the competition.

### Selection as Jury Member

We are pleased to announce the selection of Dr. Mehul Agrawal as a jury member for the Video making and Photography competitions on 'World Population Day' was jointly organized by C. C. Patel Community Science Centre of Sardar Patel University, Vallabh Vidyanagar, and N H Patel College of Education. Dr. Mehul Agrawal brings a wealth of expertise and experience in Video making and Photography which will greatly contributed to the evaluation and success of the event.

## BLOOD GROUPING AWARENESS CAMP

B N Patel Institute of Paramedical Science has conducted "Blood Grouping Awareness Camp on 25/07/2024 at Mrutyunjay Mahadev Prathmik Shala, Karmsad. Various activities at camp were managed by second and third year of Medical Laboratory Technology students under the supervision of Mrs. Tejal Barot. Students Volunteers explained the significance of knowing their blood group and its impact on healthcare. In the camp, 64+ students from Balvatika to 5th standard participated in free blood group testing.



## AKANKSHA HOSPITAL VISIT



On 08th and 09th August 2024, a group of 150+ students from B N Patel Institute of Paramedical and Science visited Akanksha Hospital, Anand, as a part of our education curriculum. Students from Renal Dialysis Technology, Imaging Technology, Clinical Laboratory Technology, Medical Technology, DMLT, and Operation Theatre and Anaesthesia Technology Departments were visited the hospital. The visit was conducted by Dr. Kinnary Mistry, Mr. Dipak Vaishnav, Mrs. Tejal Barot, Mr. Shreenadh C, Ms. Priyal Patel. The purpose of the visit was to provide students with practical exposure to hospital operations, patient care, and healthcare environments. Students were given a brief orientation on



hospital policies, safety procedures, and the day's schedule. The visit was highly educational and provided valuable real-world insights into the healthcare facilities. Students found the experience to be inspiring and motivating, particularly in understanding the practical applications of their academic studies.

The hospital visit was a successful and enriching experience for all students. It provided a comprehensive view of the healthcare environment, the roles of various professionals, and the importance of interdisciplinary teamwork. This visit has undoubtedly contributed to the students' educational journey and professional aspirations in the healthcare field.

## FIRST SESSION OF EXPERT TALK SERIES



B N Patel Paramedical Institute of Science has organized an expert talk on "common Metabolic Diseases" on 10/08/2023. The event aimed to provide students and faculty with in-depth knowledge about metabolic disorders, their causes, symptoms, diagnosis, and management. The talk was delivered by Prof Naresh Kumar G., a renowned retired professor and HOD, Department of Biochemistry, M S University of Baroda. Event was coordinated by Dr. Swati Narolkar under the guidance of Dr. Arpita Arora.

The objectives of the expert talk were to broaden students' understanding of metabolic diseases and their impact on health and to raise awareness about common metabolic disorders and strategies for prevention and management.

The expert talk on "Common Metabolic Diseases" successfully met its objectives by providing detailed insights into metabolic disorders and fostering a deeper understanding of their implications. The event was informative and beneficial, offering students and faculty a unique opportunity to learn from a leading expert in the field.

## FIELD VISIT TO SABARMATI ASHRAM



A field visit was organized on 12th and 13th August 2024, for Students from Renal Dialysis Technology, Imaging Technology, Clinical Laboratory Technology, Medical Technology, DMLT, and Operation Theatre and Anaesthesia Technology Departments. This visit was organized to explore the rich history and philosophical contributions of Mahatma Gandhi and to gain a deeper understanding of his principles of non-violence, self-reliance, and social reform. The objectives to visit Sabarmati Ashram to provide students with an understanding of the historical significance of Ashram and to explore the principles of Mahatma Gandhi. Visit was supervised by Dr. Kinnary Mistry, Dr. Urmi Mukharjee, Dr. Suresh Mesara, Ms. Priyal Patel, Mr. Shreenadh, Mrs. Tejal Barot, Mr. Dhruv Joshi.

Students were guided through various sections of the ashram, including Gandhi's Residence (Hriday Kunj), Gandhi Smriti (Memorial Hall), Museum and Library, Spinning Wheel (Charkha) Demonstration. The visit to Sabarmati Ashram was a valuable educational experience that provided students with historical, philosophical, and cultural insights into one of India's most significant figures, Mahatma Gandhi.

## BE STRONG AND COURAGEOUS



Prajapita Brahmakumari Ishwariya Vishwavidyala, World of Silence, hosted a talk on "मार्ग कठिन है ज़बा कायम है" in honour of International Youth Day. Dr Arpita Arora, Director, B N Patel Institute of Paramedical Science has attended the session on 12/08/2024 along with staff members and students. BK Ritu Thakkar explained that journey of life may be difficult, we encounter obstacles which test our resilience and challenges, but it is the strength of human spirit that turns these challenges into opportunities for growth and triumph. One of the biggest obstacles we face during our journey to achieve goals is failure. It's easy to get discouraged when things don't go

in right way, but with dedication, we can overcome any obstacle, dedication gives us the strength to keep going even things get tough. When we embrace the struggles along our journey, we cultivate qualities such as determination, courage, and adaptability. Each difficulty overcome becomes a testament to our strength and a building block of our character.

## RAGGING AND WHY TO AVOID IT?



Ragging, often dismissed as harmless initiation, is a serious issue that undermines the safety and dignity of students in academic institutions. A talk was organized by B N Patel Institute of Paramedical and Science to spread awareness about the harmful effects of ragging and the importance of mutual respect on 12th August 2024. Dr. Urmi Mukharjee, Associate Professor delivered a talk on the psychological effects of ragging, emphasizing the long term emotional and mental health implications for both victims and perpetrators.

The anti-ragging talk was a significant step towards ensuring a safe and respectful campus environment at BNPIPS. By addressing the issue comprehensively and engaging both students and staff, the college has reaffirmed its commitment to preventing ragging and supporting all members of its community.

## RAKSHABANDHAN CELEBRATION



Rakshabandhan in the Sanskrit terminology means "the tie or knot of protection" where "Raksha" stands for the protection and "Bandhan" signifies the verb to tie. Together, the festival symbolizes the eternal love of brother and sister relationship, which does not mean just the blood relationships only. This festival was celebrated by students and all the staff members of B N Patel Institute of Paramedical and Science on 14th August 2024. The joy of this festival reached a new high as this occasion was graced by presence of sisters from Brahmakumaris, Vallabh Vidyanagar. She delivered a talk on importance of Rakshabandhan and its deep spiritual meaning. They also tied Rakhis to all the students and teachers. The programme concluded with sweets distribution to all.

## MEDITATION FOR OVERCOMING ADDICTION



Nasha Mukta Bharat Abhiyaan was launched by the Ministry of Social Justice and Empowerment in 2021. It intends to reach out to the masses and spread awareness about substance abuse through various activities like Awareness generation programmes focused on higher educational Institutions, university campuses and schools, reaching out to the Community and identifying dependent population and capacity building programmes for service providers. Resonating with theme B N Patel Institute of Paramedical and Science organized a lecture by BK Smita, Vallabh Vidyanagar on 14th August 2024. She emphasized the importance of family and societal support, medical advice and above all meditation in curing patients suffering from various addictions. She illustrated her points with number of examples from real life experiences. The students and faculties thoroughly enjoyed listening to her. Students vowed to never get trapped in the vicious cycle of addiction.

## RAKHI EXHIBITION



Exhibition and sale of Rakhis prepared by Blind women from "Pragyachakshu" was organized by B N Patel Institute of Paramedical and Science, Sardar Patel Education Trust, Anand and SETU Trust, Vallabh Vidyanagar on 16th August 2024 from 9:00am to 3:00pm at Chanchalba Hall, Sardar Patel Education Trust, Anand. All

students, teachers and staff members took active part in the exhibition. They were fascinated by the beauty of the Rakhis made by blind women and purchased lot of beautiful Rakhis to help the blind women in their endeavour to earn a livelihood.

## BOOK EXHIBITION – 2024



B. N. Patel Institute of Paramedical & Science, Department of Library has organized a book exhibition on Friday 16th August 2024. The exhibition was arranged to ignite a passion for reading among students, showcase a diverse range of books, and promote the library's resources and services. The exhibition attracted a significant number of Students, Faculty, and Staff members, approximately 150+ attendees visited the exhibition. The Main Aim of Exhibition was to offer scope to the common students to view new print books published from the J. P. publishers relating to their study. Many of Students have purchased Books Related to their subject and Faculties also suggested books for library.

## LIFE IS A GIFT PASS IT ON



On 22nd August 2024, an insightful and impactful expert talk on organ donation was organized by B N Patel Institute of Paramedical and Science. The event aimed to raise awareness about the significance of organ donation and to educate students and staff on the processes, benefits, and ethical considerations involved. Dr. Bhavin Mandowara (MBBS, MD Medicine, DNB Nephrology) covered a range of topics including Current situation of organ donation in India as compared to other countries and critical shortage of donors, real life success stories and the impact on recipient's lives. The medical procedures involved in organ donation and transplantation. The college remains committed to hosting such events to promote important health issues and support community well-being. The event was conducted by Dr. Swati Narolkar, Dr. Dhruv Joshi under the guidance of Dr. Arpita Arora.

## BE THE REASON FOR SOMEONE'S SMILE TODAY!

Being a paramedical student, there was never a need of a special class to make us understand the importance of saving a life. We all consciously opted for such a career believing and being aware of how enormous of a responsibility our job will hold in the future. Minor mistake holds the power to risk a precious life, and a minor action can rescue a valuable life! Thinking wild, we will be doing a job that's amazingly passionate. As I just mentioned, saving a life is something that is always in our priority. Once I watched a movie describing organ donation. It reflected how tough it is to find a donor and how crucial every minute is after the organ is outside the donor's body. I watched the movie without blinking. Later, I realised half of the issue will be solved if they had the donor ready. The heroic emotion that exploded in me when I saw the patient alive again was unmatched! How surreal it seems to "gift a life" to someone in need. The selfless act can save or improve the life of the recipient. I can only think of the benefits of organ donation such as saves lives, improves quality of life for recipients, reduces waiting time for transplant. Eventually organ donation is challenged with cultural and religious beliefs and myths. However, as a human being we all should acknowledge the fact that as such crucial time only what matters is saving a treasured life.

It's High time that we come together! Our country India has one of the lowest donation rates in the world with only 0.65% donors per million people. Only 1 in 10 patients in need of a transplant receive one. 500,000 people die every year waiting for an organ transplant. 90% of donations come from living donors, mostly family members. The challenges faced by organ donation are Lack of awareness and education about organ donation. The cultural and religious beliefs that discourage organ donation. Inadequate infrastructure and facilities for organ donation and transplantation and Shortage of skilled medical professionals.

**-Gouri. S**  
F Y Bsc.,  
Medical Technology

# ઉડન છું

A film by Anish Shah



આરોહી પટેલ, આર્જવ ત્રિવેદી અને દેવેન ભોજાની એ બી.એન.પટેલ પેરામેડિકલ અને સાયન્સ કોલેજની મુલાકાત લીધી.

૨૩ ઓગસ્ટ, ૨૦૨૪

આજે અમારી કોલેજ બી.એન.પટેલ પેરામેડિકલ અને સાયન્સમાં જાણીતાં સેલિબ્રિટી દ્વારા અચાનક મુલાકાત બાદ કેમ્પસમાં ઉત્સાહ ભરેલો માહોલ હતો. વિદ્યાર્થીઓ અને સ્ટાફ એકત્ર થયા હતા અને એક્ટ્રેસ આરોહી પટેલ, એક્ટર આર્જવ ત્રિવેદી અને એક્ટર દેવેન ભોજાનીની હાજરીમાં હર્ષ ભરેલા દર્શન કરવા માટે તત્પર હતા.

આરોહી પટેલ અને આર્જવ ત્રિવેદી ગુજરાતી ફિલ્મ ઈન્ડસ્ટ્રીમાં તેમના કાર્ય માટે જાણીતા છે, સ્ટેજ પર આવ્યા ત્યારે ટોળું ઉત્સાહપૂર્વક ઊભું થઈને અભિવાદન કરવા લાગ્યું. સરળ પરંતુ સ્ટાઈલિશ પરિધાનમાં તેમણે ખૂબ જ ગરમજોશથી ભીડને સંબોધન કર્યું અને પોતાની વ્યક્તિગત વાર્તાઓ સાથે વિદ્યાર્થીઓને પ્રોત્સાહન આપ્યું.

સેલીબ્રિટીના પ્રવચનમાં તેમની ખ્યાતિ પ્રાપ્ત કરવાની સફરની વાર્તાઓ અને તેમણે સામનો કરેલી પડકારોનો ઉલ્લેખ કર્યો હતો. તેમણે અનુકુળતા, સાહસ લેવાની અને સાચું રહેવાની મહત્વતા પર ભાર મૂક્યો.

ત્યારબાદ અમારી કોલેજના ડિરેક્ટર ડૉ. અર્પિતા અરોરા દ્વારા એક્ટ્રેસ આરોહી પટેલ, એક્ટર આર્જવ ત્રિવેદી અને દેવેન ભોજાની ને સંબોધ્યા.

આરોહી પટેલ, આર્જવ ત્રિવેદી, દેવેન ભોજાની અને પ્રાચી શાહની આવનારી ગુજરાતી ફિલ્મ “ઉડન છું” તેનું ટ્રેલર જોયું ત્યાર બાદ ફિલ્મની થોડીક વાતો કરી. અને ત્યાર બાદ આરોહી પટેલ અને આર્જવ ત્રિવેદી એ સરસ મજાનું પરરોમન્સ કર્યું હતું.

મુલાકાત એક મીટીંગ અને ગ્રીટ સાથે પૂર્ણ થઈ, જ્યાં કેટલાક નસીબદાર વિદ્યાર્થીઓએ ફોટા ખેંચાવ્યા અને ઓટોગ્રાફ મેળવવાની તક મેળવી. આરોહી પટેલ, આર્જવ ત્રિવેદી અને દેવેન ભોજાનીએ કેમ્પસ છોડ્યો ત્યારે, ઊર્જા હજી પણ છવાયેલ હતી, જેમાં ઘણા વિદ્યાર્થીઓ તેમના અનુભવ વિશે ચર્ચા કરી રહ્યા હતા કે તેઓ કેટલી પ્રેરણાદાયક લાગણી અનુભવી રહ્યા છે.

આરોહી પટેલ, આર્જવ ત્રિવેદી, દેવેન ભોજાની અને પ્રાચી શાહની આવનારી ગુજરાતી ફિલ્મ “ઉડન છું” ૬ સપ્ટેમ્બરના રોજ આવી રહ્યું છે.

## Promotion of Udan Chhu Movie

Gujarati film “Udan Chhu” is all set to hit the screens on 6th September 2024. The film is studded with talented and young stars like Deven Bhojani, Prachee Shah Paandya, Aarjav Trivedi and Aarohi. It was a proud moment for B N Patel Institute of Paramedical and Science as the complete star caste of the movie visited our institute for the promotion of their movie on 23rd August 2024. The stars interacted with the students and faculty members and also showed some of the moves and dialogues from their movie. They also distributed T-shirts of Udan Chhu to students. All the students were awe

struck to see the stars among them and they thoroughly enjoyed the occasion. A Talk by Dr. Kiran Bharathiya (Title of talk) Non-Resident Gujarati (NRG) Centre, Anand and B N Patel Institute of Paramedical and Science organized a talk by Dr. Kiran Bharathiya of Anand Law College, Anand on 23rd August 2024. He talked about the problems faced by NRGs when they marry of their wards in foreign countries and vice-versa. Paramedical students are at the stage of their life when they will be shortly getting married and will preferably move to new places. He therefore gave very relevant examples to make his point. He

explained the rights of the parents and their wards. He also emphasized the importance of being alert and cautious while marrying in foreign countries. He told the audience to inquire about the family background, police record, income sources, family history and other details before marrying. He also told about the legal framework provided by Government of India to protect its citizens from being trapped in the frauds. NRG centre provided kits to students which had helpline numbers for people who want to avail help from NRG across the globe.

